

The 14th Annual

CHALLENGES IN HYPERTENSION 2026

Friday, September 18, 2026

8:25 am to 5:00 pm EST

Virtual Conference

8.0 ACCME Credits



- 8:25 Welcome & Course Overview
Course Directors: Andrew S. Bomback MD, MPH; Jai Radhakrishnan MD, MS & Teena P. Zachariah MD
- 8:30 Obesity: Current & Future Treatments
Utpal Pajvani MD, MPH, *Professor of Medicine, Endocrinology, Columbia*
- MINI SYMPOSIUM: RENAL DENERVATION**
- 9:15 Mechanistic Basis for Renal Denervation
Qais Al-Awqati MB, ChB, *Professor of Medicine, Nephrology, Columbia*
- 10:00 Catheter-Based Renal Denervation for the Treatment of Hypertension
Ajay J. Kirtane MD, *Professor of Medicine, Cardiology*
- 10:45 Q&A
- 11:00 Hypertension in Chronic Kidney Disease: Current Challenges & Strategies
Natasha S. Freeman MD, MS, *Assistant Professor of Medicine, Nephrology, Columbia*
- 11:45 STATE OF THE ART LECTURE: Hypertensive Kidney Disease in the Modern Era
Dominick Santoriello MD, *Associate Professor of Pathology & Cell Biology, Columbia*
- 12:30 Lunch
- 1:00 STATE OF THE ART LECTURE: Rethinking Blood Pressure Measurement: Clinical & Research Perspectives
Daichi Shimbo MD, *Professor of Medicine, Cardiology, Columbia*
- 1:45 Targeting Aldosterone in 2026: Updates
Andrew S. Bomback MD, MPH, *Associate Professor of Medicine, Nephrology, Columbia*
- 2:30 Resistant Hypertension: A Practical Approach to Novel Therapies
Jai Radhakrishnan MD, MS, *Professor of Medicine, Columbia*
- 3:00 Q&A
- 3:15 Hypertension in Pregnancy: Contemporary Perspectives
Teena P. Zachariah MD, *Assistant Professor of Medicine, Nephrology, Columbia*
- 4:00 Secondary Hypertension: A Case-Based Review
Mariela Navarro-Torres MD, *Assistant Professor of Medicine, Nephrology, Columbia*
- 4:45 Q&A
- 5:00 Adjourn