COLUMBIA | MEDICINE

Sports Sideline Management 2027:

A Multidisciplinary Conference

Thursday, June 17, 2027

1:50 to 6:30 pm EST

In-Person & Virtual Program, ACCME Credits

LOCATION
Baker Athletics Complex
533 W 218th Street
New York, NY 10034

1:50 Welcome
Course Directors: Thomas S. Bottiglieri, Sonia Tolani

1:55 KEYNOTE
Allan Schwartz & William Levine

BLOCK 1: PERFORMANCE, METABOLISM & FLUIDS

2:10 Optimizing Athletic Performance–Myths vs. Reality, Part 1: The Cardiologist's View
Eamon Duffy

2:20 Optimizing Athletic Performance–Myths vs. Reality, Part 2: The Sports Medicine View
Morgan Busko

2:30 GLP-1 Receptor Agonists in Athletes: Weight, Body Composition & the Performance Trade-Offs
Louis Aronne, *Cornell*

2:45 Iron Deficiency & IV Iron in the Endurance Athlete: Diagnosis to Repletion
TBD, *Sports Medicine / Hematology*

3:00 Menopause & the Active Woman: Hormone Therapy, Bone Health & Performance
Mary Rosser

3:10 Electrolytes, Hydration & Exercise-Associated Hyponatremia: Avoiding the Preventable Catastrophe
TBD, *Nephrology*

3:30 Panel Discussion

3:45 *Break*

BLOCK 2: SPORTS CARDIOLOGY

3:55 The Dilated Aorta in Athletes: Risk Stratification & Return-to-Play Decisions
David Engel

4:10 ECG Interpretation in the Athlete: Telling Physiology from Pathology Without Overreacting
Jessica Hennessey

4:25 Myocarditis in the Athlete: A Controversial Case-Based Discussion
Sonia Tolani

4:40 Panel Discussion

BLOCK 3: THE INJURED ATHLETE & WHOLE-ATHLETE CARE

4:55 Platelet-Rich Plasma and Orthobiologics: Evidence, Hype & Practical Use
TBD, *Sports Medicine / PM&R*

5:10 Imaging the Injured Athlete: When to Order What
TBD, *Radiology*

5:25 Exercise-Induced Bronchoconstriction & Asthma in the Athlete: Practical Management
TBD, *Pulmonology*

5:40 Sport-Related Concussion: Acute Management & Return-to-Play Protocols
TBD, *Neurology / Sports Medicine*

5:55 Mental Health in the Athlete: Recognition, Referral & Reducing Stigma
TBD, *Psychiatry*

6:10 Panel Discussion (6:25 Closing Remarks)

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